

# NEWSLETTER



Dear Aspen Family,

I hope you are all well and keeping safe.

We are incredibly proud of how well our children have adapted to online learning. Their resilience, positivity, and enthusiasm have truly shone through this week. We have been particularly impressed with their active contributions during live sessions and the quality and consistency of the learning being submitted via our platforms - this reflects both their commitment and the strong support from home.

As a school, we are continuously reflecting on and refining our online provision to ensure the best possible learning experience for our students. We are thinking of fun, engaging ways to bring our community together like we would if we were on campus. It was fantastic to see such a large number of children join our **'Build Your Own Pizza'** session on Wednesday and I was impressed to see lots of our children adding a range of vegetables to their pizza as they took part in the challenge. The biggest conversation of the live session was 'Does pineapple belong on a pizza?' - my answer is yes!

أعزائي عائلة آسبن،

أمل أن تكونوا جميعًا بخير وأن تواصلوا الحفاظ على سلامتكم.

نحن فخورون للغاية بمدى تأقلم طلابنا مع التعلم عبر الإنترنت. لقد برزت لديهم المرونة و الإيجابية والحماس بشكل رائع هذا الأسبوع. وقد أعجبنا بشكل خاص بمشاركاتهم الفعّالة خلال الحصص المباشرة، وبجودة واستمرارية الأعمال التعليمية التي يتم تقديمها عبر منصتنا، وهو ما يعكس التزامهم والدعم القوي الذي يتلقونه من المنزل.

As a school, we are continuously reflecting on and refining our online provision to ensure the best possible learning experience for our students. We are thinking of fun, engaging ways to bring our community together like we would if we were on campus. It was fantastic to see such a large number of children join our 'Build Your Own Pizza' session on Wednesday and I was impressed to see lots of our children adding a range of vegetables to their pizza as they took part in the challenge. The biggest conversation of the live session was 'Does pineapple belong on a pizza?' - my answer is yes!

We are also continuing to offer our welfare check-ins for all children. These sessions are incredibly important and provide a valuable opportunity for children to connect with their teacher in a more personal way, just as they would in the classroom. They allow us to support not only learning, but also wellbeing, ensuring every child feels seen, heard, and supported during this time. We strongly encourage all children to attend their allocated sessions so we can maintain these meaningful connections.

It was also a pleasure to welcome so many families to our online family conferencing event this week. These conversations are invaluable in supporting each child's progress, and we are excited to continue working together on their individual learning targets.

Thank you, as always, for your ongoing support. Wishing you a lovely weekend ahead.

Best Wishes,

**Miss Clark**

EYFS & Primary Headteacher

كمدرسة، نواصل باستمرار مراجعة وتطوير أساليب التعلم عن بُعد لضمان تقديم أفضل تجربة تعليمية ممكنة لطلابنا. كما نعمل على ابتكار طرق ممتعة وتفاعلية تجمع مجتمعنا كما لو كنا في الحرم المدرسي. وكان من الرائع رؤية هذا العدد الكبير من الطلاب المشاركين في جلسة "اصنع البيتزا الخاصة بك" يوم الأربعاء، وقد أعجبت برؤية العديد من الأطفال يضيفون مجموعة متنوعة من الخضروات إلى البيتزا أثناء مشاركتهم في التحدي. وكان السؤال الأكثر تداولاً خلال الجلسة المباشرة هو: "هل الأناناس مناسب للبيتزا؟" - و إجابتي هي نعم!

كما نواصل تقديم جلسات المتابعة لرعاية جميع الطلاب. تُعد هذه الجلسات مهمة للغاية، حيث توفر فرصة قيمة للطلاب للتواصل مع معلمهم بشكل أكثر قرباً، كما لو كانوا في الصف. فهي تتيح لنا دعم تعلمهم وكذلك رفاهيتهم، لضمان أن يشعر كل طفل بأنه مرئي ومسموع ومدعوم خلال هذه الفترة. ونشجع جميع الطلاب بشدة على حضور جلساتهم المحددة للحفاظ على هذه الروابط المهمة. وكان من دواعي سرورنا أيضاً الترحيب بعدد كبير من العائلات في اجتماعات أولياء الأمور عبر الإنترنت هذا الأسبوع. تُعد هذه اللقاءات ذات قيمة كبيرة في دعم تقدم كل طالب، ونتطلع إلى مواصلة العمل معاً لتحقيق أهدافهم التعليمية الفردية.

شكراً لكم دائماً على دعمكم المستمر. نتمنى لكم عطلة نهاية أسبوع رائعة.

مع أطيب التحيات،

**الآنسة كلارك**

رئيسة مرحلة السنوات المبكرة والمرحلة الابتدائية

We kindly ask you to complete the Distance Learning Parent Code of Conduct Form. Please submit one form per family, using your eldest child's name.

Distance Learning Parent  
Code of Conduct



This form is required by ADEK, and we will need to submit all parent responses to them. Thank you very much for your continued cooperation and support.



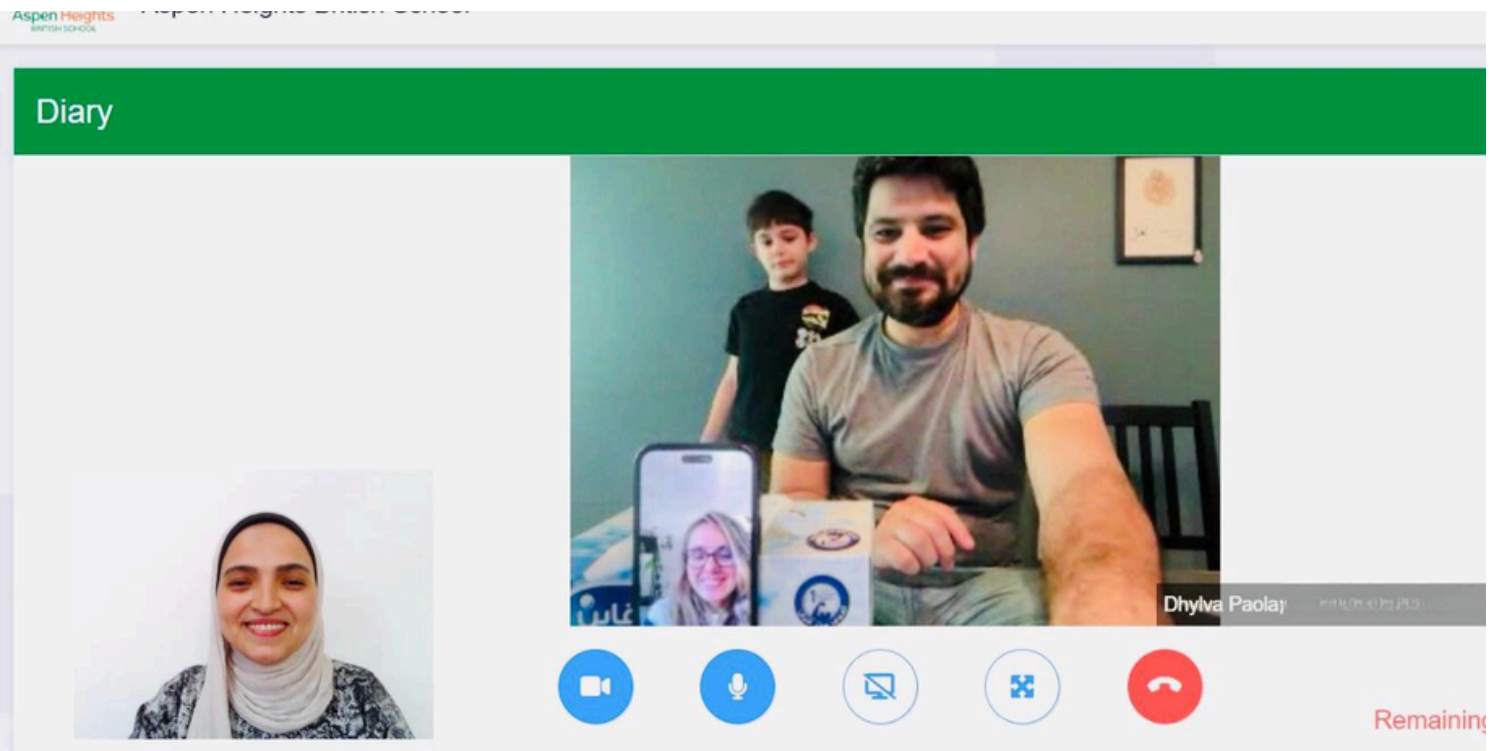
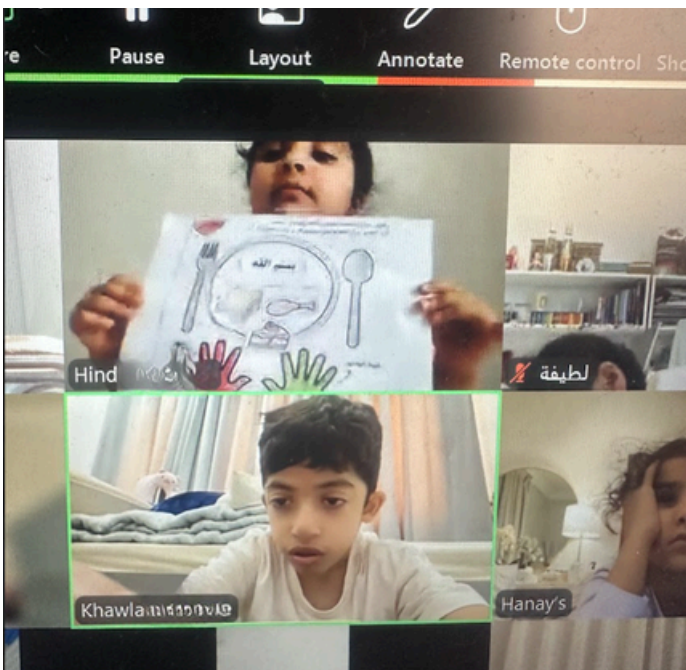
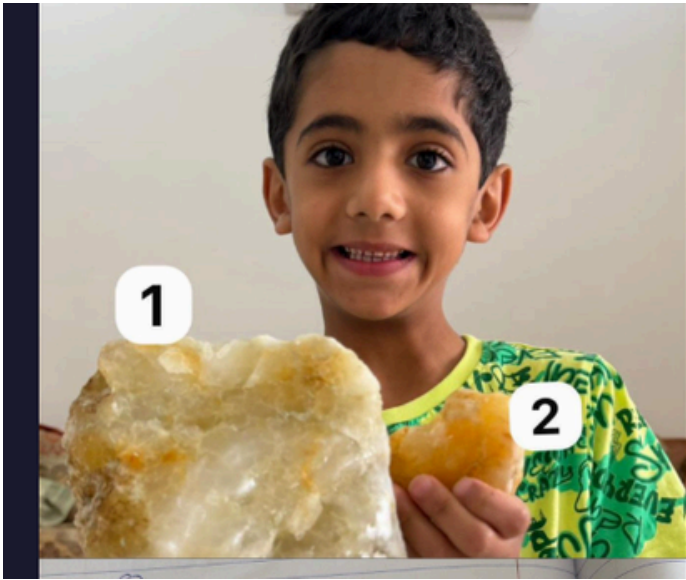
# Calling Aspen Families

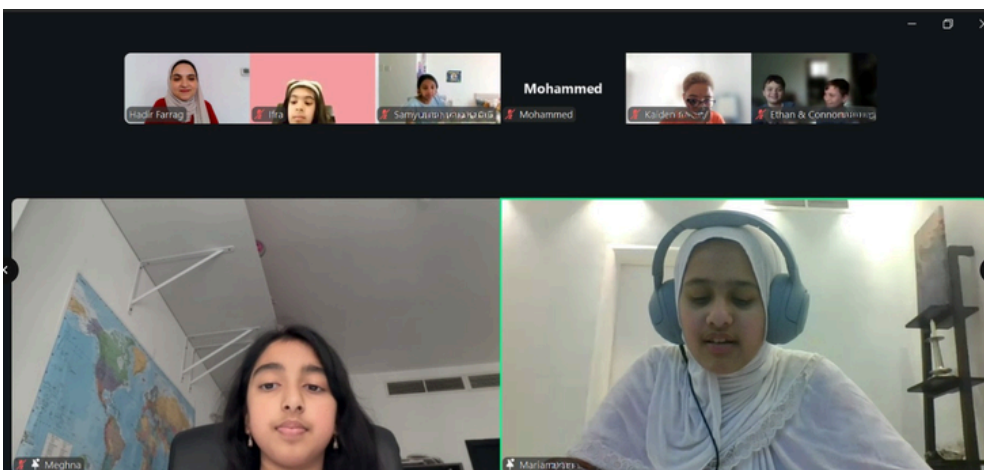
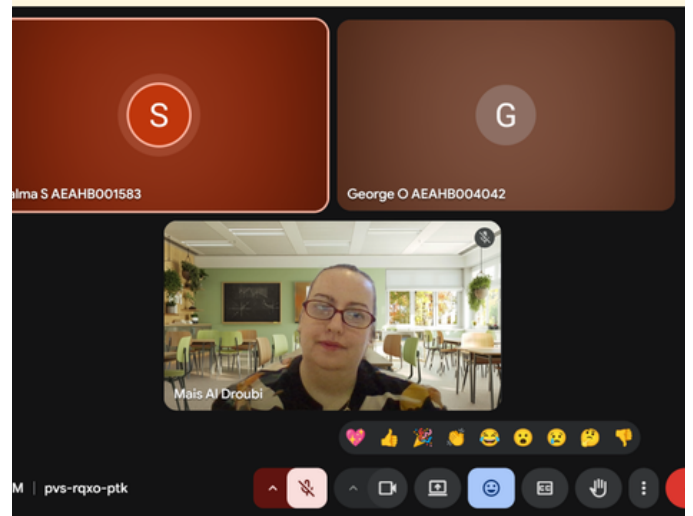
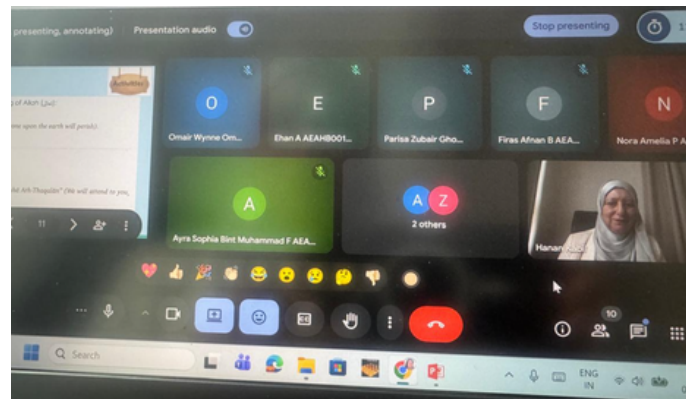
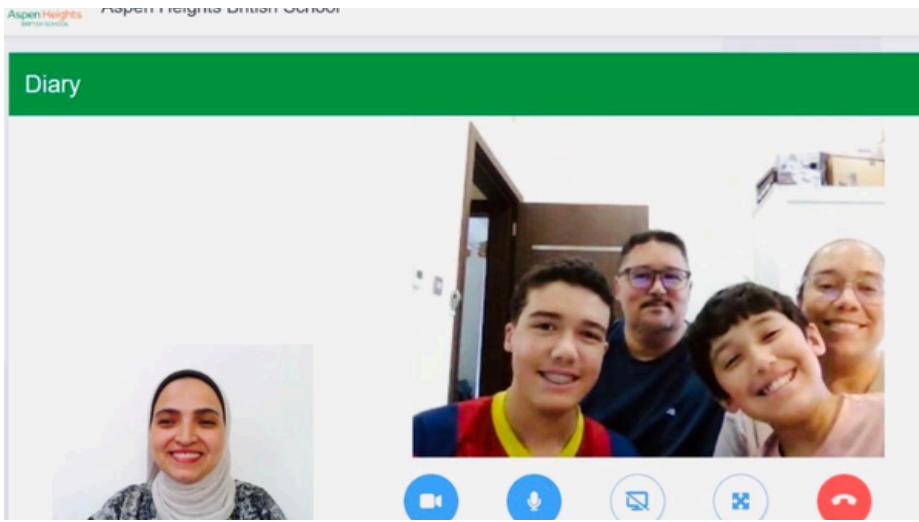
Let's come together to answer His Highness Sheikh Mohammed bin Rashid Al Maktoum's call to raise the national flag above every home and building — a simple act that reflects our shared identity and love for this great nation.

Share your photos of:

- Your family holding the UAE flag
- Your home decorated in UAE colours

Share your pictures on instagram and tag us  
[@aspenheightsbritishschool](https://www.instagram.com/aspenheightsbritishschool)







# ASPEN'S GOT TALENT

**DANCE**

**MAGIC**

**SING**

**PLAY AN  
INSTRUMENT**

**SPECIAL  
SKILLS**

**Showcase Your Talent! – Share from home  
No Competition, Just Fun!**

**Upload From Home – 1–3 minute videos**



**REGISTER NOW**



**SUBMISSION DEADLINE  
WEDNESDAY 15TH APRIL**

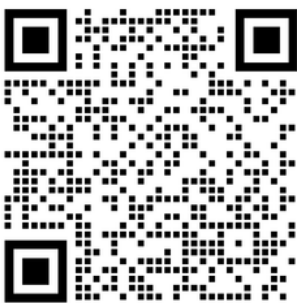
# BEAT THE PE TEAM FITNESS CHALLENGE

Ordered Reaction Time



Ms. Lynsey - 2,072
Mr. D - 920
Ms. Roisin - 509
Mr. Arnold - 505

FIND THE  
IOS APP HERE



Download >>

Stamina Challenge



Mr. Arnold - 78
Ms. Lynsey - 62
Ms. Roisin - 60
Mr. D - 54

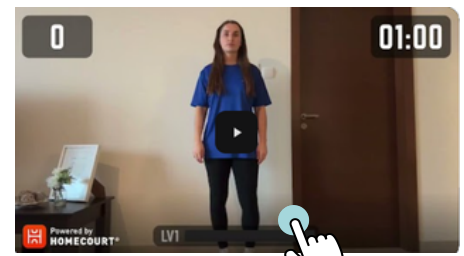
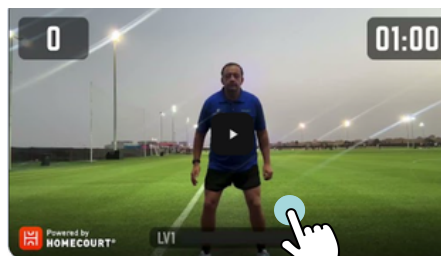
Can you beat the PE Team? Try this week's new challenges on the HomeCourt App!



Ordered Reaction Time

Go to Activities → Agility → 1 minute Ordered Reaction Time Challenge

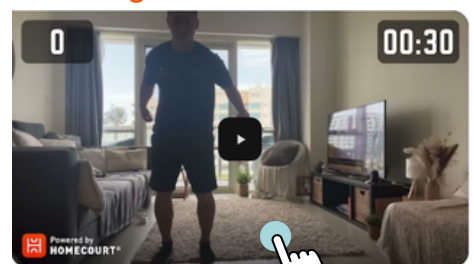
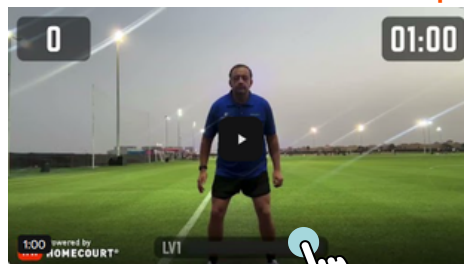
Watch Mr. D and Miss Stewart attempt the challenge



Stamina Lateral Hops

Go to Activities → Agility → Lateral Hop Challenge

Watch Mr. Arnold and Mr. D attempt the challenge





STEP BY STEP, WE MOVE  
STRONGER TOGETHER!

# ASPEN STEP CHALLENGE

Our P.E team is excited to invite all students, parents and staff to take part in our Step Challenge, running from

**Friday 27th March to Friday 17th April.**

Get active, have fun and compete together as a community!

**Scan the QR code or click the link to sign up**

**Join Now**



## THIS WEEK'S SUPER-STEPPERS



JS

Jake Sanderson

302.4k  
20.2k avg



FG

francine gauntlett

249.7k  
16.6k avg



AD

ANDREW DURCAN

209.9k  
14k avg



### Dragon Fruit Benefits:

- Good for your immune system!
- Helps keep your skin healthy and glowing.
- Supports a healthy heart.

### Fun Facts:

- Dragon fruit grows on a type of cactus!
- Dragon fruit has tiny black seeds that you can eat—just like in kiwi!



# Fruit & Vegetable of the Week

13<sup>th</sup> April - 17<sup>th</sup> April 2026

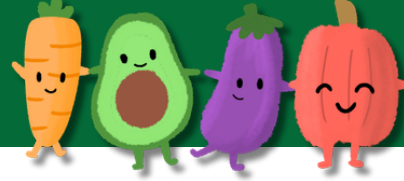


### Pumpkin Benefits:

- Great for your eyesight!
- Helps keep your heart healthy.
- Supports your immune system with lots of vitamins.

### Fun Facts:

- Pumpkins are part of the same family as cucumbers and melons.



# Grow

with Aspen

